

univera<sup>®</sup>  
CANADA, LTD

## Anti-Stress<sup>™</sup>

Stress is part of life.  
Manage it with Anti-Stress.



## The Univera Difference



Anti-Stress was formulated with the wisdom of centuries of *Ayurvedic medicine* to maximize the synergy of three key ingredients:

- *Ashwaganda is an adaptogen which means it helps your body manage stress.*
- *L-Theanine is known especially for promoting relaxation without drowsiness.*
- *GABA (Gamma-Amino Butyric Acid) acts as a neurotransmitter and enhances and stabilizes mood.*



*“I was dealing with one of the most stressful periods of time in my life when I got on this product. Big changes and little time to focus on self-care. Using this product I felt noticeably different. I was feeling calm in the midst of the stormy seas. It felt like I had more resources to cope with all of the challenges life was throwing my way.”*

*– Mike M., Silver Associate*

# Anti-Stress™

*"Today's life is full of stress - things we cannot control and have to adapt to. Anti-Stress is a wonderful synergistic combination of ingredients that help with various neurohormonal pathways in the human body. I personally found that within days of starting Anti-Stress, I do not have the irritability in my office, I am more pro-active and less reactive and have even slept better."*

– Dr. Katrina McGillivray, Emerald Associate



## Say Goodbye to Stress... **Naturally!**



- **Health Canada approved NPN (Natural Product Number): 80074356**
- Helps to temporarily promote relaxation (GABA, L-Theanine)
- Traditionally used in Ayurveda:
  - For memory enhancement (Ashwaganda and Centella asiatica)
  - As a Medhya Rasayana (brain tonic) (Centella asiatica)
  - To relieve general debility, especially during convalescence or old age (Ashwagandha)

ITEM #	PRODUCT NAME	SIZE	CUSTOMER	PREFERRED
102455	Anti-Stress™	60 capsules	\$39.99	\$36.99

## Experience Total Defense with These Immune Products

**ProFort®** - Immune Function  
**MegaVitamins™** -  
Micronutrients Delivered

